

## **Patient Instructions for ABR Testing**

### **WHAT?**

An Auditory Brainstem Response (ABR) is a test that records the electrical activity from the brainstem in response to sounds. (Approx. 1 hour)

### **WHERE?**

The testing is performed by an audiologist at Orlando Ear, Nose, and Throat Associates' office located at 8000 Red Bug Lake Rd., Suite 150, Oviedo, FL.

### **PREPARATION?**

1. Wear comfortable clothing.
2. Do not wear any make-up or face cream.
3. Do not drink any caffeinated beverages or use any tobacco products on the day of the testing.

### **WHAT TO EXPECT?**

Electrodes will be placed on the patient's forehead. While sleeping or resting quietly, the patient will hear loud clicking sounds through earplugs. The responses to these sounds will be recorded by a computer and analyzed by the audiologist. This analysis will be conducted after the patient has left the clinic. *The patient will be scheduled for a follow-up appointment, in about one week, for the test results to be reviewed by the ENT physician.*

### **QUESTIONS?**

If you have any other questions regarding this test, you can speak with an audiologist by calling (407) 971-3337.